

AQN 2020 Spring Retreat-April 16-18

Our Creative Riches

List of things to bring: Please bring with you any museum membership card you have. (Many museums have a cooperative arrangement with the Columbus Museum.)

Sketchbook/journal for the visit to the Columbus Museum of Art. Pens, markers, pencils, or colored pencils, or basically whatever you like to draw on paper with.

A handy sewing project to work on as you wish.

Thursday

1-1:30-Get seated, greet friends, pin work to boards

1:30-3:30p Welcome, Introduce Theme, Small Group Activity, Business

Intro to Our Creative Riches-During the Spring Retreat we will examine how the world around us enriches the artwork we create and how as artists we make an impact on our friends, peers, and communities. The intention of this retreat is to dig a little deeper each day. Together we will discover aspects of our creative life that we may not have even realized play an important role in our personal practice and in the communities we work, teach, and exhibit in.

Basic mechanics of the meeting, reminders and appointing note takers

Ice Breaker: In small groups we will share what influences our work, what we look at regularly, what happens when we get stuck, what unusual or surprising things influence our work and how our choice of materials or techniques influence what we make.

Whole group share

3:00-3:30 Business meeting - Barb

3:30-4:00-Yoga Break with Gwen

4:00-5:30- Mapping Our Creative Connections

A hands-on project where we will have a deeper focus on what feeds us as artists.

In small groups and create a visual map about people things and places that influence our work and how our energy of creation influences others in our life. Once we are finished we will share our realizations with the whole group.

5:30-7:00 Dinner

7:00-8:30 Member share - 3-4 people

Deborah Fell Presentation

Friday-Influences from the world around us

Morning session

Introduce the Morning Session (Kindness poem)

Short meditation (Creating a perfect world)

9:00-10:30-Endangered Animal Prayer Flags-Water color and oil crayon images on 14" x 10" recycled cotton sheet flags. About an hour-hour and a half with a short introduction and time to make a prayer flag or two

10:30-11:00 Yoga break

11:00 - 12:00 Member share and Intro to museum visit

12:00-1:00 Lunch break

1:00-1:30 Organizing for and departing to the Columbus Museum of Art

1:30-3:30 At the Museum:

Please bring phones to take photos and sketchbooks or journals to record your impressions while at the Museum. This is an opportunity to discover new inspiration for your creative practice.

4:00 pm Sharing impressions from museum visit

Member shares

5:30-7:00 Dinner

7- 8:30p After Dinner 30 minute member share and Kevin's in-depth talk

Saturday-How Our Work Impacts the World Around Us

9:00-10:00-

Short meditation

A hands-on project- The Exquisite Corpse, a fun group art project invented by the Surrealists.

Small group discussion: How does our art impact others?

1. Does your work make people think about things differently?
2. As a group, do we need to recognize the other art quilters and their work?
3. How does AQN impact our quilting?
4. How can we alter the structure AQN retreats to improve our interactions?
5. How does AQN impact the outside community of art quilters?
6. Are we using our AQN Internet Café to best advantage?

10:00-10:30 Yoga break

10:30-11:30-Business meeting, survey responses

Noon Closing

There will be a list of possible activities you can enjoy Saturday afternoon

We will meet at El Vaquero for dinner at 5:30 pm